

The Food We Eat

A Reading A-Z Level G Leveled Reader • Word Count: 195





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Written by Kira Freed



The Food We Eat



There are many kinds of food. Where does food come from? It all comes from plants and animals.

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Oranges grow on orange trees. Orange juice comes from oranges.



Where does orange juice come from?

Where do bagels come from?





the seeds of a wheat plant. Wheat grows from Bagels come from wheat.

Cows are animals.



Where does milk come from?

9

Where do French fries come from?

French fries are called "chips" in Great Britain and in some other countries around the world.





French fries are made from potatoes. Most people think potatoes are They are really part of the stem that grows below the ground.

Omelets are made from eggs. Eggs come from chickens.

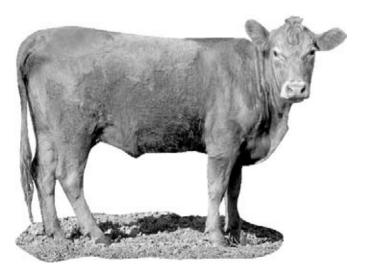


Where do omelets come from?

7

Where does hamburger meat come from?





Hamburger meat is made from beef. Beef comes from cattle.

9

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Popcorn comes trom a corn plant.





Mhere does popcorn come from?

Where does cheese come from?



Cheese is made from milk. Milk comes from cows.

11

15

Pizza comes from plants and animals. Pizza comes from plants and animals.

