

Feeling good?

Target language: express and respond to feelings

Activity type: group discussion

When to use: Use this activity after Unit 8 Communication.

Time taken: 20 minutes

Preparation: Photocopy one worksheet for each student in the class.

Procedure

Give each student a copy of the worksheet. Tell them that they are going to think about how they feel about possible future changes to our lives and our world. Ask them to choose one circle and write inside it something about the future that they *feel good* about. Students should not write full sentences, just one or two words. They must not show it to anyone else and they should not move from circle to circle in logical order but move randomly around the page.

Ask students to think about the future and write something they are *worried about*; something they are *excited about*; something they *feel depressed about*; something they *feel frightened about*; something they *feel nervous about*; something they *feel proud of*. Make sure you give them enough time to think of something and note it down before moving onto the next one.

Put students into groups of three or four and ask them to show each other their worksheets in turn. The other students in the group should try to guess what each of the word(s) in the circles refer to, e.g. *I think that you're excited about new technology*. They must then ask the students to explain their feelings and respond to them accordingly. E.g. *I think that in a few years everything will be connected to the Internet and our lives will become easier. I wouldn't want that. I think it would make our lives even busier*.

When all the students have discussed their worksheets, elicit feedback from one or two groups about what they discussed.

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