CENTRAL DATA SERVICE

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List of 390 Most Common English Phrasal Verbs and Their Definitions

Phrasal verbs combine a base verb with another word, usually a preposition or adverb – known as a particle – to create a completely new meaning. They are common in everyday spoken English. For example, words like "stand up," "sit down," and "get up."

What are Phrasal Verbs? In a nutshell (this is a phrasal verb!) they are a phrase used as a verb.

It's impossible for an English speaker in the United Kingon, United States, or Australia (to name a few English speaking countries) to go a day without using one of those words. You will encounter them in films too!

Interestingly, we don't use phrasal verbs as much when we write, or in formal communication, for example in a speech or a job interview. But in normal, everyday casual spoken English, about 80 percent of our verbs are phrasal verbs.

It is probably true that we use phrasal verbs more in English than in any other contemporary language.

This is adapted from the most complete list I have found. Note that the links lead to an external site; *{Please be aware that I am not responsible for the content of external sites; }*

List of Common English Phrasal Verbs and their Meanings:

Phrasal Verb	Meaning (Most Common)	Total Number of Definitions
<u>Aim At</u>	To point a weapon at someone or something.	3
<u>Ask For</u>	To request something.	2
<u>Ask Out</u>	When you ask someone to go with you to a certain place or for a special occasion, to spend time together and have fun. If one or both parties involved are interested in a romantic way, then it is considered a date.	1
Back Down	To withdraw your position in a fight, argument, plan, etc.	1
Back Off	When you leave an emotional situation, or to allow someone to handle something alone.	1
<u>Back Up</u>	To walk or drive a vehicle backwards.	4

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<u>Beat Up</u>	When someone punches, kicks, or hits someone repeatedly using fists or with an object.	2
<u>Beef Up</u>	To make changes or an improvement.	1
<u>Believe In</u>	To feel confident about something or someone.	2
Bite Off	To use your teeth to bite a piece of something.	2
<u>Blow Away</u>	When the wind moves an object or person from where it was.	4
<u>Blow Off</u>	When the wind removes something from its place.	3
Blow Out	To extinguish or make a flame stop burning.	3
<u>Blow Up</u>	To make something explode.	6
<u>Boil Down</u> <u>To</u>	To have determined or analyzed the solution or reason for something.	1
<u>Break Down</u>	When someone loses self-control and is emotionally and/or mentally agitated. This meaning has a noun form for a situation where someone loses self-control.	6
Break In	To enter a place illegally and with the use of force.	3
Break Off	To remove a part of something with force.	4
Break Out	To escape from a place, situation or way of life.	3
<u>Break</u> <u>Through</u>	To make a way through a barrier or a surface.	2
Break Up	To stop a fight.	4
Bring Back	To return something you've borrowed.	4
Bring Over	To bring someone or something from one place or area to another.	1
<u>Bring Up</u>	To bring something from a lower level/place to a higher level/place.	3
<u>Brush Off</u>	To remove something(dust particle, insect, etc) with your hand.	2
<u>Brush Up</u>	To practice and review your knowledge or a skill that you haven't used in a while.	2
Build In/Into	To add a fixture or component to a certain area or place through construction.	1
<u>Bump Into</u>	When you meet people by accident or unexpectedly.	2
<u>Burn Down</u>	When someone uses fire to destroy a structure.	2
<u>Burn Out</u>	When a candle stops burning because there is nothing left to burn.	3
<u>Burn Up</u>	To destroy something with heat or fire.	4
Burst Out	To suddenly do or say something.	2
<u>Butt In</u>	To interrupt a conversation or activity.	1
<u>Call Back</u>	To call someone again.	2
<u>Call In</u>	To request that someone come and help.	3
<u>Call Off</u>	To cancel an event that has been previously planned.	2
<u>Call Up</u>	To be chosen to take part in a military mission.	2
<u>Calm Down</u>	To become less violent, nervous, excited or angry.	1
Care For	To nurture or take care of someone or something.	2
<u>Carry Away</u>	To do something out of the ordinary due to strong emotions.	2
<u>Carry On</u>	To continue doing something or to continue on in life despite an obstacle.	3
<u>Carry Out</u>	To move something or someone from one place to another using your arms or an object.	5
Catch On	To understand or realize something.	2

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<u>Catch Up</u>	To move faster to reach someone or something that is ahead of you.	2
<u>Cheat On</u>	When you are emotionally and/or sexually unfaithful to your girlfriend/boyfriend or spouse.	2
Check In	To register at a hotel or airport upon arrival.	2
Check Out	To leave a hotel or other form of an accommodation after your stay there.	5
Chicken Out	To refrain from doing something because of fear.	1
<u>Chop Up</u>	To cut something into pieces with a knife.	2
<u>Clean Out</u>	To clean or clear the inside of something thoroughly.	3
Clear Out	To remove things completely from an area or place.	2
<u>Clear Up</u>	To do something to solve a problem or a misunderstanding.	3
<u>Clog Up</u>	When something in a drain or valve prevents the flow of water or other liquids	1
Close Down	When the activities or services of a business permanently end.	3
Close Off	To block an entrance or pathway.	2
Come About	When something happens or occurs.	1
Come Across	The way other people perceive something or someone.	3
Come Apart	When something breaks or separates piece by piece.	1
Come Back	To return to a place.	3
Come Down	To move from a higher to a lower position or from north to south.	2
<u>Come Down</u> <u>To</u>	When a situation is reduced to a certain outcome.	1
<u>Come Down</u> <u>With</u>	When you start to experience the symptoms of a disease or illness.	1
Come In	When someone or something enters a place, building, or room.	7
Come Off	When something is removed or breaks off from where it was originally attached to.	4
Come On	To appear on television or be heard on the radio.	5
Come Out	To leave a place.	8
Come Over	To make a visit.	3
<u>Come</u> <u>Through</u>	When someone or something expected arrives.	3
<u>Come Up</u>	When something appears or happens, either expected or unexpected.	6
<u>Come Up</u> <u>With</u>	When you think of a solution, idea, plan, or excuse.	1
<u>Con Into</u>	To persuade someone to do something through lies and deception.	1
<u>Con Out Of</u>	To persuade someone to give or do something through lies and deception.	1
<u>Cool Off</u>	To lose temperature.	2
Count On	To rely on someone for support when you need it most.	2
<u>Count Up</u>	To count all of something or people in a group.	1
<u>Cover Up</u>	To use something to conceal something else.	2
Crack Down	To take more action than usual against wrongdoing.	1
<u>Cross Off</u>	To remove or delete someone or something from a list.	1
Cut Back	When you spend less money on something.	4
<u>Cut Down</u>	To do less of something or to use something in smaller amounts.	3

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Float Around When an object or a person is near, but you cannot pinpoint the exact location.	1
	2
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Fool Around To waste time doing unimportant or silly things.	4
<u>Freak Out</u> When someone becomes irrationally upset or angry, sometimes to the pool of confusion.	point 1

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<u>Get Ahead</u>	To become successful in the professional environment or make consistent progress in life.	3
Get Along	To have good interactions with others.	2
<u>Get Around</u> <u>To</u>	To do something that needed to get done at an earlier time.	1
<u>Get Away</u>	To escape from something.	2
Get Back	To return to a place.	4
Get Back At	To get revenge.	1
Get Back To	When you talk to someone at a later time either because you are busy or you have obtained additional or new information.	2
Get Behind	To learn, work, or progress more slowly than others.	4
<u>Get By</u>	To pass someone or something.	3
Get Down	To move to a lower place or level.	4
<u>Get In</u>	To arrive or enter a place, room, building, etc.	5
<u>Get Off</u>	To leave a form of transportation, except a car.	6
<u>Get Off On</u>	To be excited or to truly enjoy doing something.	2
<u>Get On</u>	When you move your body and either stand, sit, lie, kneel, etc. towards something (non-separable).	6
Get Out	To leave or escape.	6
Get Out Of	To receive a benefit and/or satisfaction from doing something.	4
Get Over	To move past an obstacle to the other side.	3
<u>Get Over</u> <u>With</u>	To finish something that needs to get done.	1
Get Through	When a message, meaning, or idea is understood or accepted.	6
<u>Get To</u>	To arrive to or assist someone to a place.	5
Get Together	To meet and spend time together.	3
<u>Get Up</u>	To move to a higher level/position.	4
<u>Give Away</u>	To give something for free or without expecting anything in return.	4
<u>Give In</u>	To surrender to something.	2
<u>Give Out</u>	To distribute something.	4
<u>Give Up</u>	To stop doing something without completing it.	4
<u>Go About</u>	To take the necessary steps to get something done.	2
<u>Go After</u>	When you do your best to get something no matter how difficult it is.	4
Go Ahead	To proceed to do something that you were hesitant about.	2
<u>Go Along</u> <u>With</u>	to accept or agree with a decision, rule, opinion, etc.	2
Go Around	To follow a circular path.	6
<u>Go Away</u>	To move or travel from one place to another place.	3
Go Back	To return to a place, time, activity, or a person.	2
Go Back On	When you fail to fulfill a promise you made to someone.	1
Go Beyond	To be more than or better than what is normal or expected.	1
<u>Go By</u>	To pass someone or something quickly.	4
<u>Go Down</u>	To move to a lower position, place, price, level, etc.	7
<u>Go For</u>	To try to obtain.	5
<u>Go In</u>	To enter a place, building, room, etc.	3
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<u>Go In For</u>	To enter a place or area for a specific reason.	2
<u>Go In/Into</u>	To enter a place, room, building, etc. usually through a door.	4
<u>Go Off</u>	To leave unannounced.	5
<u>Go On</u>	When something takes place.	3
<u>Go Out</u>	To leave a place or area you're in.	5
<u>Go Over</u>	To review something.	4
<u>Go Through</u> <u>With</u>	When you make a decision to do something, and actually do it.	1
<u>Go Up</u>	To move or extend to a higher level or farther North.	3
<u>Go With</u>	To accompany someone to a place.	6
Goof Around	To waste time doing silly or unimportant things.	1
<u>Gross Out</u>	To be disgusted with someone or something.	1
Grow Out Of	To become too big or too tall for your clothes.	3
<u>Grow Up</u>	When you physically change from a child to an adult.	2
Hand Back	When you return something to the person who owns it after the person has given it to you	1
<u>Hand In</u>	To give something to a person of authority.	1
Hand Out	To distribute something free to other people.	1
Hand Over	To give upon request or demand.	2
Hang Around	To spend time in a place or an area.	1
<u>Hang On</u>	When you hold something, often for support of comfort.	3
<u>Hang Out</u>	To hang something, usually wet clothes, to dry.	3
<u>Hang Up</u>	To hang clothes or an object on a hook, hanger or rod.	3
<u>Have On</u>	To wear clothing, cosmetics, perfume, etc.	2
<u>Head Back</u>	To go to a place where you've been before or where you started from.	1
Head For	When a situation becomes more likely.	2
Head Toward	To move in the direction where someone or something is.	2
<u>Hear About</u>	When you learn details about something or someone.	1
<u>Hear Of</u>	When you learn about something or someone.	2
<u>Heat Up</u>	To make something warmer or cause a rise in temperature.	2
Help Out	To assist people with something.	1
Hit On	To suddenly have a solution to a problem or an interesting idea.	2
<u>Hold Against</u>	When you don't forgive or have little respect for someone because of something they did.	2
<u>Hold Off</u>	To delay something.	2
<u>Hold On</u>	When you wait for a short time.	3
<u>Hold Out</u>	To extend your hand or an object in front of you.	3
<u>Hold Up</u>	To hold someone or something up in the air.	4
Hook Up	When you connect two electrical devices together.	3
Hurry Up	To do something quickly.	2
Keep At	To continue doing an activity even though it may be difficult.	1
Keep Away	To avoid getting close to someone or something.	2
Keep Down	To make sound, music and noise minimal.	3
Keep From	To stop yourself or other people from doing something.	1

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<u>Keep Off</u>	To avoid discussing a particular subject or topic.	2
<u>Keep On</u>	To continue doing something.	2
<u>Keep To</u>	When you don't share information.	2
<u>Keep Up</u>	To continue to do something.	4
Kick Back	To illegally pay extra money to someone as part of the price.	2
Kick Out	To force someone to leave an organization or place.	1
Knock Off	To use force to cause someone or something to fall from its place, whether intentionally or accidentally.	6
Knock Out	When someone is struck hard enough to cause them to lose consciousness.	6
Knock Over	To make contact with something or someone in such a way it or they fall.	1
Know About	To have knowledge of or be familiar with something.	1
<u>Lay Down</u>	To place something on a surface or an object.	3
<u>Lay Off</u>	When a company or business ends a worker's employment.	2
<u>Lead Up To</u>	When a period of time or a series of events cause an event, situation or conversation to happen.	1
<u>Leave</u> <u>Behind</u>	When you don't take something or someone with you when you leave.	4
Leave Off	To accidentally or intentionally not include a person or thing on a list.	2
Leave Out	To not include someone or something.	3
Leave Over	When you have a portion that still remains from something after you have used or eaten the rest of it.	2
Let Down	To disappoint someone.	2
<u>Let In</u>	To allow someone or something to enter a place.	2
Let Off	To allow someone to leave a car, bus, train etc.	3
<u>Let On</u>	To tell something that is a secret or private.	1
Let Out	When you give permission for someone to leave or be released from a place.	3
<u>Let Up</u>	When someone or something becomes less intense or strong.	1
Lie Around	To be lazy or to not do anything.	2
<u>Lift Up</u>	To raise someone or something to a higher level.	2
<u>Light Up</u>	To illuminate something.	2
Lighten Up	When a conversation is changed or a person changes to become less serious.	1
<u>Line Up</u>	To form in a row one after another or side-by-side.	3
Live With	To share the same residence.	2
Lock In	To secure people or things behind a closed door.	3
Lock Out	When you don't have the key or passcode to enter a secured place.	2
Lock Up	When you shut the windows and doors of a place or building.	2
Look Around	To turn your head to see what or who is around you.	3
Look At	To divert your eyes to someone or something.	4
<u>Look Down</u> <u>On</u>	When you consider someone or something as unimportant or with little to no value. The opposite of yesterday's phrasal verb.	1
<u>Look</u> Forward To	To anticipate a future event because it either makes you happy and/or you benefit from it.	1
Look Into	To investigate or get more facts about something.	1
Look Out	To remain alert.	2

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Look Over	To examine or inspect something or someone.	1
<u>Look Up</u>	When a situation becomes better.	3
<u>Look Up To</u>	This particular phrasal verb is used to say you view someone with respect and/or admiration.	1
Luck Out	To have exceptionally good luck.	1
Make For	To go in a certain direction, typically in a hurry.	2
<u>Make Of</u>	To understand the meaning of something.	1
<u>Make Up</u>	To invent a story.	7
<u>Mess Up</u>	When something is dirty or unorganized.	2
<u>Mix Up</u>	To put or combine different things together so they'll merge successfully.	3
<u>Monkey</u> <u>Around With</u>	To try to play with or repair a device that you have no true knowledge about.	2
<u>Move In</u>	When you bring your personal belongings and stuff to a new place where you will live. Yesterday's phrasal verb, Move Out, has the opposite meaning.	3
Move Out	When you permanently remove all your belongings and personal items from a place where you live or stay.	3
<u>Narrow</u> <u>Down</u>	To reduce the number of options or possibilities.	1
<u>Pay Back</u>	When you return money that you owe someone.	2
<u>Pay For</u>	To purchase merchandise.	2
<u>Pay Off</u>	To repay money that is owed to a person or entity.	3
<u>Pay Up</u>	To pay all the money that is owed or asked for.	1
<u>Pick On</u>	To tease and/or criticize someone over a period of time.	1
Pick Out	When you are able to recognize something or someone from a group.	2
<u>Pick Up</u>	To get someone or something from somewhere.	8
<u>Pile Up</u>	To put things in a pile or heap.	2
<u>Piss Off</u>	[Informal] To be angry about something.	1
<u>Plan Ahead</u>	To prepare for a future event or situation.	1
<u>Plan For</u>	To prepare for a big event or expectation in the future.	1
<u>Plan On</u>	When you have the intention to do something.	1
Plug In	To connect an electrical device to an electrical outlet.	2
<u>Plug In/Into</u>	To connect an electrical appliance/machine to another piece of equipment or to a power source.	1
<u>Plug Up</u>	To block a narrow passage such as a hole, drain, or pipe so that nothing can flow through.	2
Point Out	To make someone aware of something.	1
<u>Point To</u>	When you aim at something or someone using your finger or hand.	2
Print Out	To produce a hard copy of a computer document.	1
<u>Pull Off</u>	To succeed in doing something difficult or tricky.	2
<u>Pull Out</u>	When something or someone leaves a place.	7
Pull Over	To drive your vehicle to the side of the road to stop.	1
<u>Pull Through</u>	To recover from an injury or illness.	2
Punch In	To enter data or record time on a device.	1
Punch Out	To record the time you leave the workplace using a special clock.	2

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Put Away	To place something where it cannot be seen or isn't in the way of other things.	4
Put Back	When something is causing a project to slow down.	4
Put Down	To place something on a surface or an object.	6
<u>Put In</u>	When you invest or make a deposit. In this example, the amount almost always separates the verb.	7
<u>Put Off</u>	To become offended by someone or something.	2
Put Out	To extend a part of your body.	6
Put Past	To not be surprised by a person's actions. [Always used with the negative]	1
<u>Put To</u>	To cause someone or something to be in a certain state or to do something extra.	2
Put Together	To assemble or connect the parts of something.	3
<u>Put Up</u>	To move an object to a higher level.	6
<u>Put Up To</u>	To encourage or persuade someone to do something.	2
Put Up With	To tolerate or accept something that you'd rather not.	1
<u>Ring Up</u>	To call someone on the phone.	2
<u>Rip Off</u>	When someone asks for a price for something that is too high, when someone cheats or steals.	3
<u>Rip Up</u>	To tear something (i.e. paper, cloth, etc.) into pieces.	2
Rule Out	When someone or something is excluded as a possibility.	1
Run Across	To move or run from one side to the other.	2
Run Around	To go from one place to another in a hurry.	3
<u>Run Down</u>	To hit someone or something with a vehicle.	4
<u>Run Into</u>	When something collides with another object by accident.	4
<u>Run Out</u>	When people exit a place very quickly. Run In/ Run Into is the opposite of this meaning.	2
Run Over	When someone is injured or killed by a vehicle.	5
<u>Run Up</u>	To run from a lower elevation or level to a higher elevation or level.	5
Screw On	To ensure the top of a container/bottle is sealed.	2
<u>Screw Out</u> <u>Of</u>	To cheat or deceive someone.	1
<u>Screw Up</u>	To make a mistake or do something really bad.	1
See About	To seriously think about doing something.	1
<u>Sell Out</u>	When all the inventory of a particular product has been purchased.	2
<u>Set Up</u>	To organize or plan for an activity/event to happen.	6
Settle Down	To begin living a stable and routine life.	2
Settle For	To accept something even though it's not what you want or need.	1
<u>Shake Up</u>	To mix something in a container by shaking it.	3
Show Off	To overly display your skills or what you have.	1
Shut Off	To stop the operation of an electrical or mechanical device.	1
<u>Shut Up</u>	To stop talking.	1
<u>Sign In</u>	To write your name on a list to indicate the day and time you arrived at a certain place.	2
<u>Sign Out</u>	To write your name on a list to indicate the day and time of your departure.	2
<u>Sit Down</u>	To change from a standing to a sitting position.	2

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	Slow Down	To do something slower.	1
	Sneak In/Into	To enter a place quietly to avoid being seen or heard.	1
	Sneak Out	To leave a place without being noticed.	1
	Sort Out	To arrange or separate things into groups according to similarities.	2
	Space Out	When someone's attention is not in the present moment. [Adj.] {spaced out} To describe a person whose attention isn't in the present moment.	1
	<u>Stand</u> <u>Around</u>	To stand in one place or area when you should be doing something.	2
	Stand For	To support or represent an idea, belief, etc.	1
	Stand Up	To rise from sitting or lying down to a vertical position.	3
	Start Off	The beginning of an event, activity or time period.	4
	Start Out	To begin a trip or venture to some place.	3
	<u>Start Up</u>	To start something.	2
	<u>Stay Off</u>	To avoid discussing a certain subject or topic.	4
	Stay Out	To spend time out of your own home.	3
	<u>Stay Up</u>	To remain in a place that is higher than ground level.	2
	<u>Step On</u>	To place your foot on something or someone.	2
	Stick Around	To stay in a place or with someone for any period of time.	1
	Stick Out	To extend something outward.	4
	Stick To	When something is attached to another by some form of adhesive.	2
	Stick Up	To use a weapon, especially a gun, to rob someone.	4
	Stick With	To continue to use or do something.	3
	<u>Stop Off</u>	To make a quick stop on your way to a destination.	1
	Stop Over	To visit someone for a short period of time.	2
	<u>Straighten</u> Out	To make something straight.	3
	Stress Out	To feel very worried, nervous or anxious.	1
	Switch Off	When you move something from the 'on' state to the 'off' state. Synonymous with "Turn Off." Yesterday's "Switch On" is the opposite.	1
	Switch On	When you move something from the 'off' state to the 'on' state. Synonymous with "Turn On," while "Switch Off" is the opposite.	1
	<u>Take Apart</u>	To disconnect or separate the parts of an object.	1
	Take Back	To return something or someone.	5
	<u>Take In</u>	To be successfully tricked or deceived by someone.	5
	<u>Take Out</u>	To remove an object from an area, place or container.	4
	<u>Take Out On</u>	To direct your anger towards someone or something when you're really upset about someone or something else.	1
	<u>Take Up On</u>	When you accept an invitation or offer from someone.	1
	<u>Talk Down</u> <u>To</u>	To talk to someone as if they are less intelligent than you by conveying a tone of voice or attitude that says so.	1
	<u>Talk Into</u>	To convince someone to do something.	1
	Talk Out Of	To convince someone not to do something.	1
	<u>Talk To</u>	To have a conversation with someone.	1
	Tear Down	To deconstruct a building or home.	2
	<u>Tear Off</u>	To remove with force.	2

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<u>Tell Apart</u>	To be able to differentiate something or someone from something or someone else.	1
<u>Tell On</u>	To inform an authoritative figure about what someone else did.	1
Think About	To consider something prior to making a final decision.	2
Think Ahead	To think and plan carefully for a future situation or event.	1
<u>Think Up</u>	To use your imagination to create a plan, idea, or a solution.	1
<u>Throw Away</u>	To dispose of something you no longer find useful in a waste bin, trash, etc.	2
<u>Throw Out</u>	When you get rid of something by putting it in a trash can, bin, etc.	2
<u>Throw Up</u>	To vomit or puke.	3
Track Down	To locate someone or something after a long search	1
<u>Trade In</u>	To exchange something old for something new.	2
Trick Into	To convince or persuade someone to believe something untrue or to do something for you.	1
<u>Try On</u>	To see how something fits or looks before purchasing.	1
<u>Try Out</u>	To show that you are qualified to do something.	2
Turn Around	When someone or something moves until it faces the opposite direction.	3
<u>Turn Down</u>	To decrease the temperature, sound, etc.	2
<u>Turn In</u>	To give someone or something to the police or someone of authority.	3
<u>Turn Into</u>	To transform.	1
<u>Turn Off</u>	To stop a device from functioning.	3
<u>Turn On</u>	To cause someone to feel interested and/or attracted.	3
<u>Turn Out</u>	To attend an event, meeting, etc.	4
<u>Turn Over</u>	To move an object so that the part that is on top becomes the bottom and vice versa.	3
<u>Turn Up</u>	To increase the controls of an electronic or mechanical device.	3
<u>Use Up</u>	To completely consume or use all of a supply.	1
<u>Wake Up</u>	When you are finished sleeping.	2
<u>Wash Off</u>	To remove dirt or unwanted markings with soap and water.	1
<u>Wash Up</u>	To clean your face, hands, body, etc.	3
Watch Out	To be aware of someone or something.	1
<u>Wear Down</u>	To make the surface or top of something disappear due to friction.	2
<u>Wear Off</u>	To decrease or disappear gradually.	1
Wear Out	When something is damaged or weakened from use and age.	2
<u>Wind Up</u>	To operate a mechanical device by turning its handle.	4
<u>Wipe Off</u>	To completely remove or clean something from a surface or location.	1
<u>Wipe Out</u>	To clean the inside of something.	4
<u>Wipe Up</u>	To remove liquid from a surface using a sponge, towel or cloth, etc.	1
<u>Work In</u>	To make time in a busy schedule for a person or an activity.	2
<u>Work Out</u>	When a situation, event, plan, or idea is successful.	6
<u>Work Up</u>	To gradually improve at or make progress in something.	3
<u>Wrap Up</u>	To cover something with some kind of special paper.	4
<u>Zip Up</u>	To close an item that has a zipper.	1

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